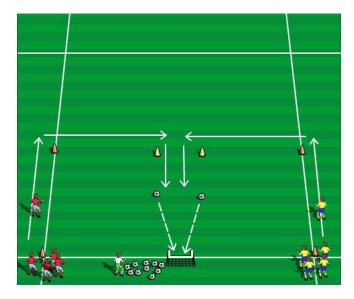


Curriculum – Mini Kick

Activity # - 131

Game Title:	Red Bull Shoot Out	Game Theme:	Shooting
Learning Outcome(s):	Develop the ability to strike the ball		



## Organization:

- 1. 10 x 20 yard are set up as shown
- 2. 2 groups of 5 players
- 3. 1 goal
- 4. 10 balls
- 5. Cones to show pathway to goal

## Story/Description:

- 1. The group is divided into two teams
- 2. Each team chooses their own team name
- 3. The players in each team are assigned a number
- 4. When their number is called they run around the tall cone, through the gate (different color) and into the area
- 5. The coach serves in two balls for each player to shoot at the goal

## **Coaching Points:**

- 1. Dribble the ball to get as close to the goal as you can
- 2. Get in line with goal before you strike
- 3. Strike the ball as hard as you can with the laces of your cleats

## **Developments:**

- 1. P Use only one ball, players now compete to score
- 2. P Add a goalkeeper